PROGRAM BRIEF

Mercy Corps’ Nubader program supports Jordanian and Syrian youth by promoting learning and psychosocial resiliency, building social understanding between disparate groups, and developing livelihood pathways. Using our Profound Stress and Attunement (PSA) model, which employs neurological science to understand the impact that long-term stress has on the emotional brain, we collaborate with community-based organizations across Jordan to engage vulnerable, conflict-affected host and refugee youth (males and females) aged 12-25. The program works to strengthen well-being and resilience through better preparing youth for an uncertain future. The program also engages families and communities in order to foster a supportive enabling environment.

INTERVENTIONS

ACCESSIBLE SAFE SPACES FOR YOUTH
Community-based organizations (CBOs) are rehabilitated and equipped with the necessary resources to ensure minimum standards and inclusivity measures are met. Additionally, all CBO personnel receive training on the PSA framework.

CIVIC ENGAGEMENT OPPORTUNITIES
Youth are provided with opportunities to address issues in their communities through the civic engagement workshops and media and technology clubs. Youth also learn about the decentralization process and are empowered to reach out to decision makers and present their community needs plans.

PSYCHOSOCIAL SUPPORT STATIONS
Youth take part in workshops that are layered with psychosocial support and basic technical skills training through uniquely designed curricula. The courses utilize the PSA framework to engage youth in a multi-sensory learning to improve their psychosocial well-being and provide them with tools to cope with stressors in their surrounding environment. The Nature Club engages vulnerable youth—including those who were recently released from rehabilitation centers—in intensive outdoor activities through which they learn how to manage stress, build personal resilience and reconnect with their peers.

POST-CARE PROGRAM SUPPORTING THE JUVENILE JUSTICE SYSTEM
Mercy Corps, in collaboration with the MOSD implements a post-care program. This program engages different target groups of recently released youth who have completed their incarcerated sentences in juvenile detention centers (JDCs) in Jordan. The program aims to support youth through engaging them in intensive outdoor training to learn and implement healthy practices, nature, ethics and leave no trace principles, as well as survival skills, which in turn will contribute towards regulating their hormone levels. In the designed program, youth will understand their roles in the ecosystem, through which they will be able to be more responsible towards the environment, nature, and their communities.

PARENTING PROGRAMS
Parents attend structured sessions to learn about effective parenting skills and youth developmental needs to improve their relationships with their children.

MENTORSHIP AND REFERRALS
The Wellness Platform improves adolescents’ psychosocial well-being through support groups/one-on-one mentoring, caregivers training and referrals to specialized service providers.

COMMUNITY-BASED PROTECTION NETWORKS
Comprised of key stakeholders and influencers from the community, the community-based protection networks act as an additional layer of support for youth to engage and interact with their communities.

LIVELIHOODS
Youth gain knowledge about the labor market while also building market-driven skills through vocational training and apprenticeships.
IMPACT

9,378 vulnerable youth enrolled in practical and self-expression skills workshops
2,095 parents/caregivers enrolled in parenting program
892 coaches, mentors and CBO personnel trained on profound Stress and Attunement (PSA) framework

REACH

Irbid, Mafraq, Ajloun, Ruseifeh, Salt, Madaba, Karak, Ma’an, Zarqa, Jerash

DONORS

Global Affairs Canada
$15.9M | June 2014-Dec 2019

European Commission
$5M | Mar 2016-May 2018

UK Conflict, Stability and Security Fund (CSSF)
$2.2M | May 2018-Apr 2021

US Department of State
$1.5M | Sept 2018-Sep 2021